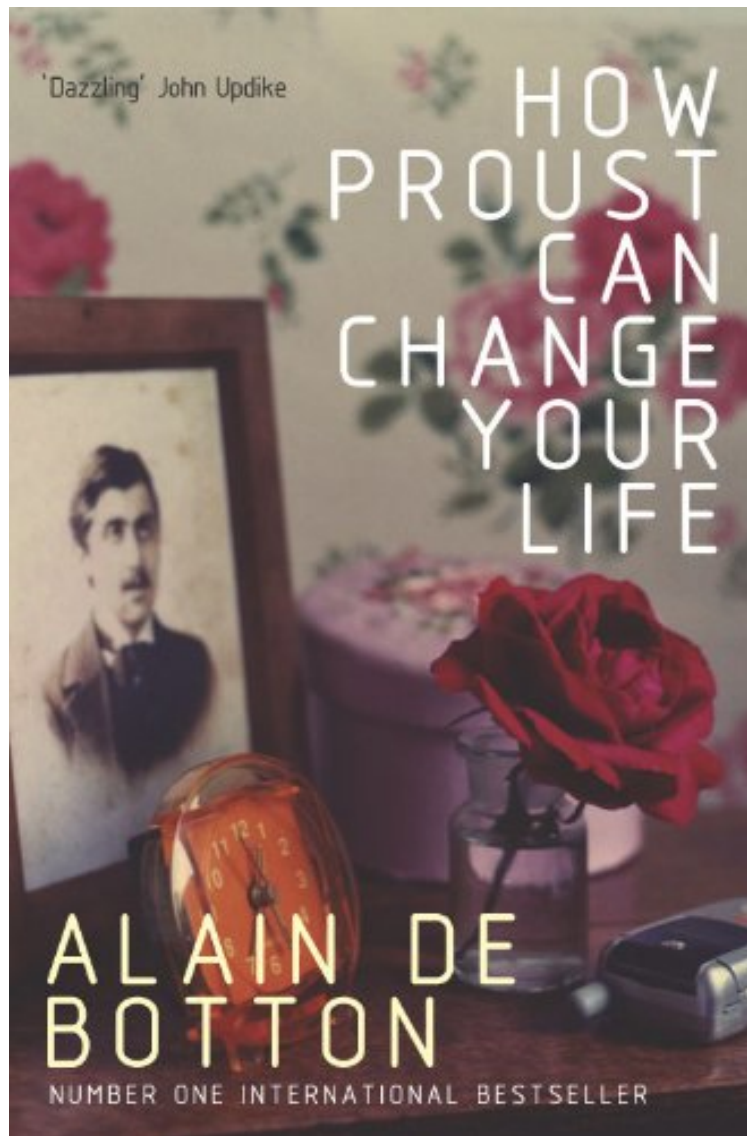


(Download pdf) How Proust Can Change Your Life (English Edition)

How Proust Can Change Your Life (English Edition)

Von Alain de Botton

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Von Alain de Botton : How Proust Can Change Your Life (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised How Proust Can Change Your Life (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen4 von 4 Kunden fanden die folgende Rezension hilfreich. Forget yoga--try Dr. Proust's exercises!Von Ein KundeHow Proust Can Change Your Life is an easy read and its themes ambulate like John Cleese in The Flying Circus, however their target is always met with utmost accuracy. This is a rich and insightful book. What could have been an incomprehensible abstract mosaic turns out to be a triumphant

effort to bring together Proust's eccentric life with his prolific writing. De Botton is able to touch on the paradoxical nature of humanity, alluding to the ambiguities of one of the greatest western novelists. De Botton's work is not a proscriptive self-help book. It is an account of a man struggling with life's triumphs and toils. It is a revealing account of Proust's struggles and the literature he produced as a result. De Botton never tells the reader how to deal with pain or loss, rather, he reads into his subject's life and humourously analyzes Proust's psyche. This is not an attempt to extemporize a psychology or philosophy that will enable us to deal with our vexing personal problems. It is a cogent attempt to open our minds to those problems and ambiguities that we may feel are abnormal, making them more normal. It is an intransigent work that is sanguine and lucid. A book full of irony and humor that I have read cover to cover and still pick up for a good laugh and pick-me-up. Highly recommended!4 von 4 Kunden fanden die folgende Rezension hilfreich. an unusual, original bookVon CassandraA reviewer wrote- "It's hard to imagine how Proust can change your life if you don't actually read Proust". That is true, but then on the other hand, never, while reading this book, did I get the impression that Alain de Botton was trying to replace Proust. I don't think he was trying to offer a guide to Proust, nor trying to write literary criticism or anything like that: After finishing the book, the impression I got was that this is more a self-help book (and quite a witty and funny one, actually, much better than the usual saccharine-sweet self help books) and less a book about Proust. The good thing is that "How Proust can change your life" will probably give you an appetite for more Marcel Proust...and that has to do with the clarity and lightness of touch with which de Botton writes: you can't resist his admiration for Proust, even though you might have objections to the way he chose to express this admiration: but then who says that books about philosophy or about literature have to be dead serious and heavy? I think Alain de Botton has written an original book, a book that's a kind of experiment, as it combines self-help insights with good literature and important ideas. If you read this as such, as an interesting experiment which may bring more people to Proust, then you won't really be able to find any fault in the book.2 von 2 Kunden fanden die folgende Rezension hilfreich. Is it really so bad?Von Ein KundeLet me start by saying that I sleep well at night and don't pretend to have the vaguest clue about some of the great writers of literature. Now that I've established my honesty and credibility, maybe I can say a few words about this book. Personally, I think the author wouldn't be such a bad fellow to know. I like the way he segmented the book and described relevant portions of Proust. I am a soldier and spend a lot of time in the field; currently in a part of the world which is undergoing an uneasy truce. I read whatever I can get my hands on and am tired of the muscle and skin magazines, car magazines, etc., which is the normal fare. When a book like this comes along, which is fairly easy to read and digest and more importantly, makes me want to attempt the real thing, then I don't think it's such a bad book and certainly not deserving of one or two stars. As for re-evaluating life's experiences, I hope that I can sit back one day and use a "Proustian" view to re-examine my current experiences; something which I have not been able to do as I've only been able to react. That is probably the biggest lesson and the irony of the whole Proust phenomenon, that is, from his bed, he observes with the utmost clarity, the most minute activities of a day, while the rest of us are busy living and missing out on these subtleties and insights into ourselves.

KurzbeschreibungWhat a marvellous book this is . . . de Botton dissects what [Proust] had to say about friendship, reading, looking carefully, paying attention taking your time, being alive and adds his own delicious commentary. The result is an intoxicating as it is wise, amusing as well as stimulating, and presented in so fresh a fashion as to be unique . . . I could not stop, and now much start all over again. Brian Masters, Mail on Sunday De Botton not only has a complete understanding of Proust's life . . . but what is particularly charming about this small, readable book is its tongue-in-cheek benignity, its lightly held erudition and its generous way of lending itself to what is not only the greatest book of the century but also the darkest and the most eccentric Edmund White, Observer It contains more human interest and play of fancy than most fiction . . . de Botton, in emphasizing Proust's healing, advisory aspects, does us the service of rereading him on our behalf, providing of that vast sacred lake a sweet and lucid distillation. John Updike, New Yorker De Botton's little book is so charming, amusing and sensible that it may even itself change your life. Allan Massie, Daily Telegraph This engaging book is one of the most entertaining pieces of literary criticism I have read in a long while. Sunday Telegraph A very enjoyable book Sebastian Faulks.deThis is a genius-level piece of writing that manages to blend literary biography with self-help and tongue-in-cheek with the profound. The quirky, early 1900s French author Marcel Proust acts as the vessel for surprisingly impressive nuggets of wisdom on down-to-earth topics such as why you should never sleep with someone on the first date, how to protect yourself against lower back pain, and how to cope with obnoxious neighbors. Here's proof that our ancestors had just as much insight as the gurus du jour and perhaps a lot more wit. De Botton simultaneously pokes fun at the self-help movement and makes a significant contribution to its archives..comThis is a genius-level piece of writing that manages to blend literary biography with self-help and tongue-in-cheek with the profound. The quirky, early 1900s French author Marcel Proust acts as the vessel for surprisingly impressive nuggets of wisdom on down-to-earth topics such as why you should never sleep with someone on the first date, how to protect yourself against lower back pain, and how to cope with

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