

(Download ebook) The Journal of Mortifying Moments

The Journal of Mortifying Moments

Von Robyn Harding

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Von Robyn Harding : The Journal of Mortifying Moments before purchasing it in order to gage whether or not it would be worth my time, and all praised The Journal of Mortifying Moments:

Kurzbeschreibung Kerry Spence is unfulfilled by her soulless career in advertising, disappointed by her dysfunctional

relationship, and horrified by the ever-increasing size of her ass. Ever since her gorgeous, self-absorbed boyfriend Sam demoted her to late night hook-up status, she has fortified herself with prime-time TV and blissful binges on cream cheese frosting, awaiting an epiphany that will reveal her next move. Of course, everybody in her life is full of advice. Her free-spirited divorcee mother when not necking furiously with her much younger boyfriend sagely counsels her daughter to do whatever it takes to snag Sam back, since, quite frankly, he is the best she can do. Her friends ply her with fruity cocktails and dispense bits of Cosmo wisdom like Divide your age in half and add seven that's the youngest man you are allowed to date and Scotch tape can eliminate forehead wrinkles. And then there is Kerry's shrink, the calm, unflappable therapist who suggests she start a diary of past encounters with men that may be contributing to her negative and dysfunctional quasi-relationship. Or, as Kerry sees it, a journal of mortifying moments. Beginning with a kissing game gone bad in grade school, the journal jump-starts Kerry's stroll down memory lane of man troubles. But just as Kerry decides her poorly dressed therapist is as crazy as everybody else in her orbit, she begins to realize the journal may actually make some sense as she plumbs the depths of her most embarrassing experiences on a quest for personal awareness that will give her the strength to turn her life around and just maybe find love again. The Journal of Mortifying Moments is a hysterically funny glimpse into the quirky, slightly obsessive, and completely lovable mind of Kerry Spence. But somewhere amidst the laugh-out-loud hilarity of Kerry's exploits emerges the story of a woman who learns to stop trying to be someone she's not, and start loving the wonderful, quirky person she is, once and for all.

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Synopsis Ever revealed your true feelings about your best-friend's ex, only to have them get back together? Or discovered that the looks of admiration you've been getting because of your sexy new outfit are really because you've got your skirt tucked in to your knickers? This book is for you. Kerry Spence is stuck in a dead end ad-agency job and a holding pattern with an ex-boyfriend who won't quite stay ex. Every time she lets the 'gorgeous Sam' back into her bed, Kerry swears it's the last but somehow she can't resist. Everyone has an opinion about what Kerry's next move should be. Her mother thinks handsome, successful Sam may be 'the best she can do'. Kerry's favourite self-help book says that she needs to find inner peace before she finds Mr Right, and her friends think the road to fulfilment should be paved with more mojitos. Meanwhile Kerry's therapist recommends that she keep a 'diary of past encounters with men that may be contributing to a dysfunctional quasi-relationship' - or, as Kerry sees it, a journal of mortifying moments. In these pages, amid the laugh-out-loud hilarity of Kerry's exploits, emerges the story of a woman who needs to learn how to stop trying.